






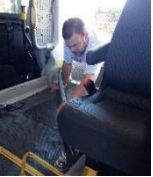












Community Access & Inclusion Choice-Based Program – Febraury 2024

Program Objectives – Life Skills, Money Management, Work Skills, Road Safety Awareness, Community Inclusion, Socialisation /Friendship Building, Food Preparation, Creativity, Numeracy and literacy, Health/Wellness **All Creative Craft Projects are a one-off monthly cost unless stated otherwise**

Monday am-Morning Choices	Tuesday am -Morning Choices	Wednesday am -Morning Choices	Thursday am -Morning Choices	Friday am - Morning Choices
 <p>Monday to Thursday – Sewing Program -Market Products</p>				<p>Volunteer Kepnock Grove Carinty Aged Care – 9th Feb 10am</p> <p>Chinese New Year -10th Feb -celebrate -9th Feb</p>
<p>Swimming @ Norville Pool \$4.00 🇺🇸 😊 👤</p> 	<p>Creative Hands \$15.00 😊 👤 🗄️ 🕒</p> 	<p>Community Connect - Visit BRAG/ Library 👤 📖 😊</p> 	<p>Meals On Wheels Deliveries 🇺🇸 😊 👤 🕒</p>  <p>8th Feb – Volunteer -Trauma Teddy Making- 9.15 am – Red Cross room Wide Bay Building</p>	<p>Meals on Wheels Prep 🇺🇸 😊 👤 🕒</p> 
<p>Vehicle Maintenance 😊 🇺🇸 🕒 ⚙️</p> 	<p>Health & Fitness 🇺🇸 😊 👤</p> <p>6th 20th& 27th Feb – LA Dance Studio \$5</p> <p>DANCE</p> <p>13th Feb – Pancake Day – Morning tea \$3.00</p>	<p>Choir @ Southern Cross 9.30am - 📖 👤 😊</p> 	<p>Bowling Leisure Centre -\$7.60 📖 👤 😊</p> 	<p>Fishing \$3.00 p/week 😊 👤 🗄️</p> 
<p>Interaction Workshop @ Library 👤 😊 🗄️</p> <p>TBA - 10am</p> 	<p>Group Meal choice, Shopping & Preparation Lunch 👤 🕒 🗄️ 😊 📖</p> 	<p>Centre Donation shopping</p> 	<p>15th Feb - Days For Girls – 10am</p>  <p>22nd Feb -Sailability -\$15</p>	<p>Group meal choice, Shopping & Preparation of Lunch 👤 🕒 🗄️ 😊 📖</p> <p>23rd Feb – Lunch outing of choice \$15.00</p>
Lunch Time – 11.45 am -12.30 pm		Valentine's Day Lunch Provided 14th Feb		9th Feb - Lunch – Chinese \$8.00
BYO Lunch	Themed - Lunch \$5.00	BYO Lunch	BYO Lunch	BBQ Lunch \$5.00

Monday pm – Afternoon Choices	Tuesday pm – Afternoon Choices	Wednesday pm – Afternoon Choices	Thursday pm - Afternoon Choices	Friday pm – Afternoon Choices
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Craft Program – Personalised Pen - \$10.00 🧑‍🎨👥🎨🕒



Emergency Disaster Preparedness Program - 12.30pm – 2pm
Guest Speakers
 6th - A Kirby - B’Berg Regional Council
 13th – SES Unit
 20th – Fire Dept
 27th – Police Dept

Craft Program –Wednesday to Friday – Personalised Pen - \$10.00




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Health & Wellbeing – Raw Awakening Gym – 1 pm - \$4.00


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Numeracy/ Literacy Bingo 🧑‍🎨🕒👥🧑‍🎨



Music Mash Up 🧑‍🎨🧑‍🎨🧑‍🎨



Ipad Skills 🧑‍🎨👥💻



EMERGENCY PREPAREDNESS



MAKE A PLAN BUILD A KIT BE INFORMED

“Switch” Up Your Game 🧑‍🎨❤️👥




Objectives Key

- 🕒 Life Skills
- 🚚 Road Safety Awareness
- 🍴 Food Preparation
- 🚑 First Aid Skills

- 💰 Money Management
- 👥 Community Inclusion
- 😊 Socialisation /Friendship Building
- 💻 Technology

- 🔧 Work Skills
- 🎨 Creativity
- 📖 Numeracy & Literacy
- ❤️ Health/Wellness

Reminder: Always bring your labelled hat, water bottle, towel and swimmers .