






# Community Access & Inclusion Choice-Based Program – January 2024

**Program Objectives** – Life Skills, Money Management, Work Skills, Road Safety Awareness, Community Inclusion, Socialisation /Friendship Building, Food Preparation, Creativity, Numeracy and literacy, Health/Wellness **All Creative Craft Projects are a one-off monthly cost unless stated otherwise**

Monday am-Morning Choices	Tuesday am -Morning Choices	Wednesday am -Morning Choices	Thursday am -Morning Choices	Friday am - Morning Choices
<p><b>Public Holidays</b>  <b>1<sup>st</sup> Jan- New Year's Day</b>  <b>26<sup>th</sup> Jan- Australia Day</b></p>	 <p>Monday to Thursday – 9 am-11.30 am            Sewing Program -Sensory Jelly Bag \$10.00</p> 			<p><b>12<sup>th</sup> Jan</b> -Volunteer @ Kepnock Grove Aged Care – 10 am</p> <hr/> <p><b>Random Acts of Kindness – 27<sup>th</sup> Jan</b> - Asian Family Market</p>
<p>Bowling Leisure Centre -\$7.40</p> 	<p><b>Creative Hands -\$15.00 -1 project for the month</b></p> 	<p>Fishing \$3.00 p/week</p> 	<p>Meals On Wheels Deliveries</p> 	<p>Meals on Wheels Prep</p> 
<p>Ipad Skills</p> 	<p>Health &amp; Fitness            Nature/Beach walks</p> 	<p>Choir @ Southern Cross            9.30 am -</p> 	<p>Historical Moments of Bundaberg - orienteering.</p> 	<p>Swimming @ Carinbundi Pool &amp; Sausage Sizzle -\$5.00</p> 
<p>Interaction Workshop @ Library            29<sup>th</sup> Jan - 10am</p> 	<p>Group Meal choice, Shopping @ Asian Market &amp; Preparation Lunch</p> 	<p>Centre Donation shopping</p> 	<p>18<sup>th</sup> Jan - Days For Girls 10 am</p>  <p>25<sup>th</sup> Jan - Sailability -\$15</p>	<p>Group meal choice, Shopping &amp; Preparation of Lunch</p> 
Lunch Time – 11.45 am -12.30 pm				
BYO Lunch	Themed – Asian Cuisine Lunch \$5.00	BYO Lunch	BYO Lunch	BBQ Lunch \$5.00

Monday pm – Afternoon Choices	Tuesday pm – Afternoon Choices	Wednesday pm – Afternoon Choices	Thursday pm - Afternoon Choices	Friday pm – Afternoon Choices
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Monday to Friday Craft Program –(\$15.00 for month)  
UpCycle denim projects – 1 project per week



**Numeracy/ Literacy Bingo**

**Community Connect - Visit BRAG/ Library**

TBA - 12.30-1 pm  
Zoo Enrichment Program @ Alexander Zoo -

**Health & Wellbeing – Raw Awakening Gym – 1 pm - \$4.00**

**Vehicle Maintenance**

**Music Mash Up**

“Switch” Up Your Game



Objectives Key

- Life Skills
- Road Safety Awareness
- Food Preparation
- First Aid Skills

- Money Management
- Community Inclusion
- Socialisation /Friendship Building
- Technology

- Work Skills
- Creativity
- Numeracy & Literacy
- Health/Wellness

Reminder: Always bring your labelled hat, water bottle, towel and swimmers .