








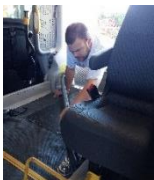





























Community Access & Inclusion Choice-Based Program - December 2023

Program Objectives – Life Skills, Money Management, Work Skills, Road Safety Awareness, Community Inclusion, Socialisation /Friendship Building, Food Preparation, Creativity, Numeracy and literacy, Health/Wellness **All Creative Craft Projects are a one-off monthly cost unless stated otherwise**

Monday am-Morning Choices	Tuesday am -Morning Choices	Wednesday am -Morning Choices	Thursday am -Morning Choices	Friday am - Morning Choices
PUBLIC HOLIDAYS 25th & 26th Dec				8th Dec– Volunteer @ Kepnock Grove Aged Care 15th Dec- RANDOM ACT of KINDNESS – Meals On Wheels 22nd Dec – Christmas Party 
 <p>Monday to Thursday – 9 am-11.30 am Sewing Program - Notepad Holder \$20.00</p> 				
Swimming ♥️ 😊 👤 @ Norville Pool \$4.00 OR Carinbundi Pool 	Creative Hands \$15.00 😊 👤 📅 ⌚ 	Community Gardening @ Rotary Lodge 📅 😊 👤 ⌚ 	Meals On Wheels Deliveries ♥️ 😊 👤 ⌚ 	Meals on Wheels Prep ♥️ 😊 👤 ⌚ 
Vehicle Maintenance 😊 ♥️ ⌚ ⚙️ 	Health & Fitness ♥️ 😊 👤 5 th & 19 th Dec - LA Dance Studio \$5  12th Dec-Art @ Yalga-binbi Institute @ 10.30am -11.30am followed by lunch @ Gidji Café -\$15	Choir @ Southern Cross 9.30am - 📅 👤 😊 	Ipad Skills 😊 👤 💻 	Fishing \$3.00 p/week 😊 👤 📅 
Interaction Workshop @ Library 😊 👤 📅 TBA - 10am 	Group Meal choice, Shopping & Preparation Lunch  	Centre Donation shopping 	14 th Dec - Days For Girls – Breakup 12 pm   21st Dec - Sailability -\$15	Group meal choice, Shopping & Preparation of Lunch   1st Dec – Lunch outing - \$20.00 Place of choice.
Lunch Time – 11.45 am -12.30 pm				
BYO Lunch	Themed - Lunch \$5.00	BYO Lunch	BYO Lunch	BBQ Lunch \$5.00

Monday pm – Afternoon Choices	Tuesday pm – Afternoon Choices	Wednesday pm – Afternoon Choices	Thursday pm - Afternoon Choices	Friday pm – Afternoon Choices
<div>Monday to Friday Craft Program – Christmas Bags</div>  				
Numeracy/ Literacy Bingo  	Community Connect - Visit BRAG/ Library  <hr/> 12.30-1 pm Zoo Enrichment Program @ Alexander Zoo - 	Health & Wellbeing – Raw Awakening Gym – 1 pm - \$4.00  	Bowling Leisure Centre - \$7.40  	Music Mash Up  
<div> “Switch” Up Your Game  </div> <div>   </div>				

Objectives Key



Life Skills



Road Safety Awareness



Food Preparation



First Aid Skills



Money Management



Community Inclusion



Socialisation /Friendship Building



Technology



Work Skills



Creativity



Numeracy & Literacy



Health/Wellness

Reminder: Always bring your labelled hat, water bottle, towel and swimmers .