

# What is SIL?

Supported Independent Living (SIL) is one type of help or supervision with daily tasks to help you live as independently as possible, while building your skills.

Carinbundi have SIL in shared living arrangements as well as 1:1. It depends on the individual requirements of the participant. We will work with you to ensure **your** individual needs are met.

Our trained staff are available to support house members with personal care, meal preparation, household tasks, shopping, attending medical appointments, recreational activities and much more.





## Contact us

Call us for a discussion on **your** individual needs. We can guide **you** and **your** family throughout the SIL process.



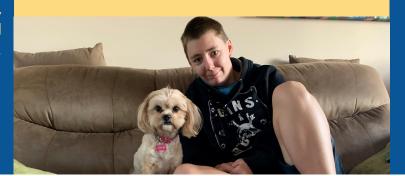
Call our SIL Team on

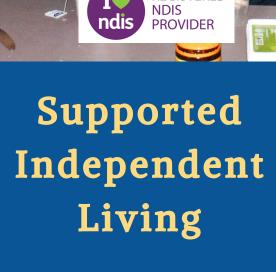
07 4158 9600

or

carinbundi@carinbundi.com.au

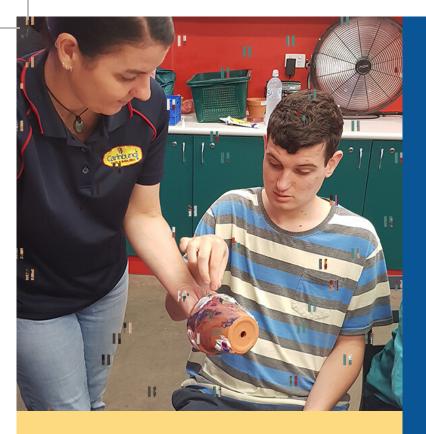
Address: 52a Hinkler Avenue Bundaberg, 4670 www.carinbundi.com.au





**REGISTERED** 

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## **Testimonials**

"My brother recently moved into SIL after our mum passed away. It was difficult at first but I can now be Graham's sister first and foremost rather than his carer. I love being able to drop into his home and share a beer." (Colleen)

"Bradley is slowly but surely learning to do more things for himself. We know Bradley will be secure in the future. He'll have a permanent home to live in and he isn't going to be displaced. This gives us all peace of mind." (Sandy)

"It has been a really positive experience for our family. As a young woman, Lydia is living her life, her way. This is no different to any other young woman – they need their own space to grow and develop." (Caroline)

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# Supported Independent Living

Making the decision to move out of home and live independently is a defining moment in the lives of those living with a disability. Even more so if you need support and are unable to live on your own.

Below are some FAQs that may help you.

## **FAOs**

#### How many people would I be living with?

Your NDIS package will determine your living arrangements. We endeavour to match residents with like-minded people of similar age and interests.

#### What are the costs of SIL?

SIL is funded for eligible people by the National Disability Insurance Scheme (NDIS) under Core Supports – Assistance with Daily Life. The NDIS does not cover the cost of rent, utilities, meals and transport. These costs are paid for and shared by the residents. You will also have personal expenses & medical costs.

#### Can I still use the supports that I had before moving?

In most cases, yes. Carinbundi will work with your other providers to ensure your needs are being met.

### What happens if I get sick in SIL?

If you become ill while you are in SIL, a support worker will be rostered on to support you at home when you are unable to attend your regular daily activities such as work or day programs. They will also be available to help you attend appointments if required.

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